

BURN CARE

Please follow these instructions carefully:

- Keep the dressing clean and dry.
- Change the dressing and wash the burn gently with mild soap and warm water twice a day. Dirt and dead skin may be removed under running water.
- If the doctor directed you to, apply a thin coating of antibiotic cream or ointment to the burn when changing the dressing.
- For arm or leg burns, keep your arm or leg raised (above your heart) for the first 24 hours after the burn to help lessen swelling and pain.
- Pain relievers such as acetaminophen (Tylenol), ibuprofen (Advil, Motrin) or aspirin can be used for pain unless the doctor has prescribed a different pain reliever.
- Drink plenty of liquids during the first 24 hours.
- Try not to break blisters. If blisters do break, gently remove the "dead skin" with clean, sharp scissors.

Return to the Emergency Department or see your own doctor right away if any problems develop, including the following:

- Increased pain, swelling or redness.
- Red streaks going away from the burn.
- Bad odor or draining pus (thick yellow or green liquid).
- Fever or shaking chills.
- Anything else that worries you.

The Emergency Department is open 24 hours a day for any problems.

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