

St. Elizabeth's Medical Center

of Boston

735 Cambridge Street Boston, Massachusetts 02135 617/735-3000

EYE INJURIES (Foreign Body, Abrasions)

You have had a foreign body (particle) removed from the surface of your eye or you have an injury to the clear covering on the front of your eye (the cornea). Even a small particle or scratch can cause a lot of pain. If a numbing medicine was used, your eye will be numb for about 2 hours.

Please follow these instructions carefully:

- Use any prescribed medicine as directed.
 - Do not rub your eye.
 - If your eye was patched, keep the patch on for 24 hours. Do not try to open your eye beneath the patch.
 - Do not drive or operate machinery while wearing an eye patch. Be careful of stairs.
 - Eye drops or ointment may be prescribed. Pull your lower eyelid down and "drop" the medicine inside your lower lid. Do not touch your eye with the bottle or tube. **ALWAYS** make sure that it is YOUR prescribed eye medicine which is being placed into YOUR eye.
 - Do not use a contact lens in the injured eye until at least 3 days after your treatment is finished (and you are better). If the irritation returns, stop using contact lenses and see your eye doctor.
 - See a doctor as instructed to recheck your eye.
- Return to the Emergency Department or see your eye doctor right away if any problems develop, including the following:**
- Redness or swelling in or around your eye.
 - You still have pain after 24 hours or pain is getting worse.
 - Blurry vision lasting more than 2 hours after removing the patch.
 - A change in the size of your pupil (black part of your eye) as compared to the other eye.
 - Anything else that worries you.

The Emergency Department is open 24 hours a day for any problems.